



## What to do in José Ignacio WILD NATURE & SPORTS



### BIKING

Biking right in the heart of the Uruguayan countryside, in the open fields of the Estancia Vik. Complimentary service.

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### HIKING TO THE ROCHA LAGOON

The hike starts at the lighthouse of La Paloma and goes along the coast of this semi-freshwater lagoon that constitutes a bird paradise with more than 200 species. The hiking includes lunch at "Cocina de La Barra", a small restaurant managed by the wives of the fishermen, meet a local angler who will take you on a boat trip along the lagoon.

Includes: Transfers, guide, boat trip, and light lunch.

**DURATION | 4-6 hrs.** Transfers included.

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### BIRD WATCHING

Uruguay is a small country with many birds, 480 species recorded. For birders visiting the region for the first time, the list of potential lifers is particularly lengthy. Enjoy a birdwatching tour along the eastern wetlands and coastal lagoons with one of our knowledgeable guides!

**DURATION | 3 hrs.** Transfer included.

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### SURF LESSON

Held at La Brava Beach.

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### KITE SURF

1 hour lesson developed in the Garzón Lagoon.

**DURATION | 1h30 lessons.**



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### STAND UP PADDLE

Learn how to practice stand up paddle or get the best out of your experience!

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### TENNIS

Have fun in our grass tennis courts located at Estancia Vik (complimentary use) or let the experts teach you how to do it.  
**DURATION** | 1 hour lesson.

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### “VIKLEDON”

During summertime, Vikledon takes place at Estancia Vik! Guests are invited to participate on the doubles tennis tournament. After the matches end, a trophy award presentation will take place for some laughs and drinks. Dress code: white. Only peak season.

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### KAYAK

Kayaking at the stream of Estancia Vik. Complimentary service.

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### FISHING

Guests will be meeting at 7 AM at José Ignacio fishing port. Once there, the experienced Maestro, will explain local fish and start the open sea adventure. He will teach how to clean the fresh fish and guests will be invited to eat their picks that evening at the hotel.

**DURATION** | 4 hours.



## PAINTBALL

As soon as teams are equipped, each one will be left in different parts of Estancia Vik native forest. First team to paint-kill their opponents wins! Minimum of 6 people over 12 years old.

**DURATION | 1 hour.** Available only to individuals aged 13 years or older.

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## ATV TOUR TO "EL CARACOL"

The day begins with an ATV ride along Camino de las Portuguesas and down to the coast bordering the lagoon strip of the natural reserve of Laguna Garzón. After crossing the circle bridge, we will arrive to the protected area of "El Caracol" and enter the forest by a trail of "acacias", cactus and local native plants before arriving to the northernmost point of the Lagoon. We will return along the coast to José Ignacio. Starting point: José Ignacio Lighthouse.

**DURATION | 2 hrs.**

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## GOLF

At la Barra Golf Club. Price may change according to the season & specific dates.