



VIK JOSÉ IGNACIO
URUGUAY

WHAT TO DO IN JOSÉ IGNACIO

SUGGESTED ACTIVITIES - SEASON 2023-2024



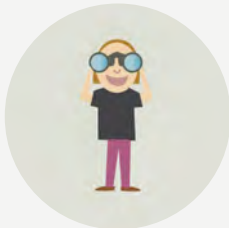
WINES & FOOD



HORSEBACK RIDING & POLO



WILD NATURE & SPORTS



DAY TOURS



SHACK YOGA & WELLNESS CENTER

Prices do not include any applicable taxes. Activities can be cancelled up to 48 hours in advance with no penalty. For any cancellation received within 48 hours prior to the activity or no show, a cancellation fee of 50% shall apply.



LA SUSANA

Welcome back to La Susana, our cherished beachside gem and the heart of José Ignacio's summer sunsets. Now open and more enchanting than ever, La Susana invites you to revel in its renewed charm. Delight in our endless lunches by the ocean with simple, noble food and the best of local produce, unforgettable sunset experiences, and intimate dinners by the sea. Join our community of guests, clients, and friends in creating new memories at this iconic destination.



CIELOMAR at Playa Vik José Ignacio.

Indulge your senses at Playa Vik with its delicate 100% gluten free menu and the signature fish BBQ along with a wide selection of Vik wines. The sunset views from CieloMar have been described as one of the best in the planet!



ZODIACO at Bahía Vik José Ignacio.

A bistro to enjoy contemporary food, showcasing the freshest ingredients of José Ignacio. A simple, comforting menu, open for lunch & dinner with stunning views of the ocean.



EL ASADOR

at Estancia Vik José Ignacio.

Experience the most authentic Uruguayan BBQ and delicious local food in the most fantastic setting, where gaucho tradition goes hand in hand with contemporary Uruguayan art.

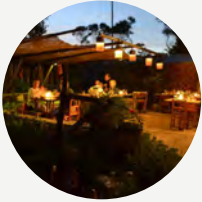


WINE TASTING AT ESTANCIA VIK

Taste the world-acclaimed Vik wines (3 wines) in the privacy of the barreled brick wine cellar and its stunning table, made of one piece of cinnamon log. Cheese platter (3 cheeses + 2 cold cuts + nuts + seasonal fruit) included.

Ⓢ **USD 85, per person.**

(Min: 2 person / Max: 20 person)



LA OLADA

Another intimate restaurant serving simple comfort food in Bahia Vik's neighborhood. The owner - a fisherman - offers fresh fish from his own daily catch.

Open for dinner | @laoladarestaurant



CRUZ DEL SUR

Cruz del Sur owns a lovely organic farm 5 kilometers from downtown José Ignacio and they use their own products on their farm to table restaurant.

Open for lunch and dinner | @cruzdelsurfarm



LA HUELLA

Parador La Huella, is a breezy seaside grill right on Brava Beach. Casual and simple food in the village of José Ignacio, a few steps away from the lighthouse.

Open for lunch and dinner | @lahuella.parador



SOLERA. VINOS Y TAPAS

One of the largest collections of top Uruguayan and South American wines, only a few steps away from Bahia Vik.

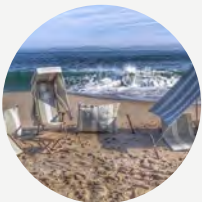
The extensive wine list is paired with delicious tapas.

Open for dinner | @soleravinosytapas



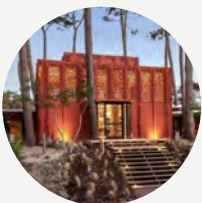
JUANA

Small and cozy restaurant located in La Juanita, Bahia Vik's neighborhood. Simple and carefully selected menu, elaborated with local products, fresh herbs and local fish. Nice cocktails bar and craft beers.
Open for dinner | @juanacocinabar



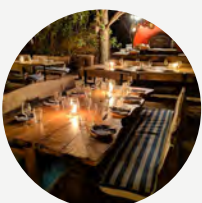
CHIRINGUITO MALLMANN

The renowned Chef Francis Mallmann created a beachfront open-flame restaurant with a boho style. Beautiful and laid-back atmosphere where you enjoy your meal toe on sand.
Open for lunch | @chiringuitofrancismallmann



RIZOMA

This café is set inside a distinctive rust-hued cube surrounded by towering trees. Is a small, self-contained world, complete with a bookstore and a ceramic gallery.
Open for lunch | @rizoma.lajuanita



MARISMO

Located under beachy palm trees in a private whimsical garden lit solely by candles and fire. Everything is cooked on a single wood-fired grill. Be sure to try the lamb!
Open for dinner | @restaurantmarismo



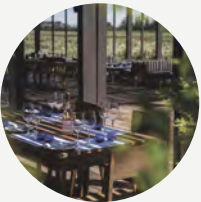
DESTINO SUSHI

Sushi bar in La Juanita.
Open for dinner | @destinosushiwok



MOSTRADOR SANTA TERESITA

Vegan and vegetarian friendly spot...perfect for breakfast, lunch and afternoon snacks. A modern version of the classic "rotisseries" in a large and open space with large communal tables. Run by the famous Argentinean Chef Fernando Trocca. Open for lunch | @santa.teresita



MOSTRADOR BODEGA JOSE IGNACIO

A new space born from the union between the famous Mostrador Santa Teresita and Bodega Jose Ignacio, just 5' away from Estancia Vik. Open for lunch and sunset | @mostrador.bodega



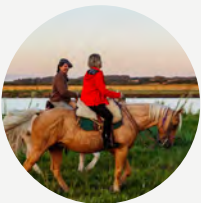
What to do in José Ignacio HORSEBACK RIDING & POLO



HORSEBACK RIDING

Our gauchos will take you for a 1-hour horseback riding experience at Estancia Vik.

⌚ **USD 80, per person.**

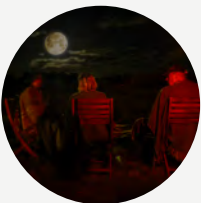


HORSEBACK RIDING LESSONS

Master your horseback riding skills with one of our gauchos at the outstanding Estancia Vik's arena. Find the perfect connection between rider & horse.

⌚ **USD 100, per person.**

⌚ **1 hour lesson.**



FULL MOON HORSEBACK RIDE

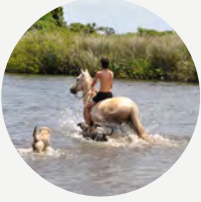
Lucky to be staying with us during a full moon night? Participants will meet at Estancia Vik's stables at 7 pm. Ride starts just before sunset so as to reach an amazing corner of the José Ignacio River and experience the magnificence of the full moon rise. There will be plenty of good wines and traditional Uruguayan food.

⌚ **USD 195, per person.**

(November to March, only full moon nights)



What to do in José Ignacio HORSEBACK RIDING & POLO



HORSEBACK RIDING & SWIMMING WITH HORSES IN THE RIVER

If you are looking for adventure, come and join our team on an unforgettable experience! Ride and swim with the horses at the stream.

💰 **USD 110**, per person.

Optional: After swimming enjoy a picnic under the shade of the local trees.

💰 **USD 70**, per person.

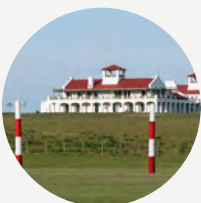


POLO LESSON

Ready to practice one of the most iconic sports in South America? Let us know! Our team will teach you the tips and tricks of our beloved "sport of kings".

💰 **USD 150**, per person.

🕒 **1 hour** lesson.



STICK & BALL

Get on the horse and learn how to hit the ball with the mallet as professional polo players do it!

💰 **USD 150**, per person.

🕒 **1 hour** lesson.



What to do in José Ignacio HORSEBACK RIDING & POLO



CHUKKER

Do you want to experience being a Polo player? Each polo game is divided in 4 chukkers, 7 minutes long. In these minutes you will get to put your talents to the test!

Ⓢ **USD 150**, per person, per chukker.

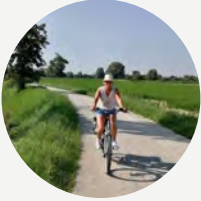


POLO EXHIBITION

See how professional players have fun at Estancia Vik's polo field in a 30-minute exhibition.

Ⓢ **USD 2500**, per exhibition

Optional: an authentic Uruguayan open bar with empanadas.



BIKING

Biking right in the heart of the Uruguayan countryside, in the open fields of the Estancia Vik. Complimentary service.

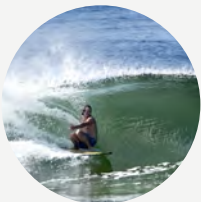


BIRD WATCHING

Uruguay is a small country with many birds, 480 species recorded. For birders visiting the region for the first time, the list of potential lifers is particularly lengthy. Enjoy a birdwatching tour along the eastern wetlands and coastal lagoons with one of our knowledgeable guides!

(\$ USD 280 (price per 2 people)

(L) 3 hrs. Transfer included.

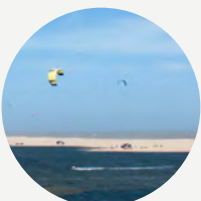


SURF LESSON

Held at La Brava Beach.

(\$ Individual lesson USD 75.

Groups up to 3 people USD 40 per person.

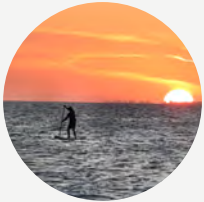


KITE SURF

(\$ USD 120.

(L) 1 hour lesson developed in the Garzón Lagoon.

Special pack: 2 days, (\$ 1h30 lessons (L) USD 315, per person.



STAND UP PADDLE

Learn how to practice stand up paddle or get the best out of your experience!

💰 **USD 50** per person.



TENNIS

Have fun in our grass tennis courts located at Estancia Vik (complimentary use) or let the experts teach you how to do it.

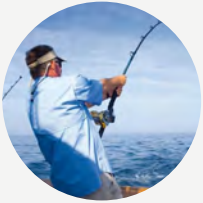
💰 **USD 150** per person,

🕒 **1 hour lesson.**



KAYAK

Kayaking at the stream of Estancia Vik. Complimentary service.

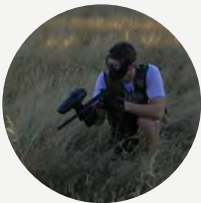


FISHING

Guests will be meeting at 7 AM at José Ignacio fishing port. Once there, the experienced Maestro, will explain local fish and start the open sea adventure. He will teach how to clean the fresh fish and guests will be invited to eat their picks that evening at the hotel.

💰 **USD 600.**

🕒 **4 hours.**



PAINTBALL

As soon as teams are equipped, each one will be left in different parts of Estancia Vik native forest. First team to paint-kill their opponents wins! Minimum of 6 people over 13 years old.

💰 **USD 100, per person (minimum required 10 people)**

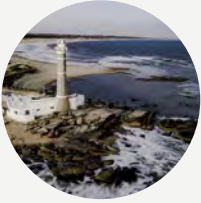
Available only to individuals aged 13 years or older.

🕒 **1 hour.**



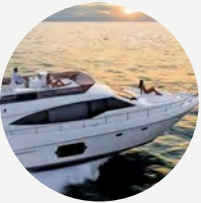
GOLF

At la Barra Golf Club. Price may change according to the season & specific dates.



JOSE IGNACIO ON YOUR OWN THE VIK JEEP ADVENTURE

Discover the magic of José Ignacio, off the beaten path on board of one of the exclusive Vik Jeeps. Please check rental prices with the experience concierge team.



BOAT TOUR

Step aboard a private yacht and enjoy a great day along the Punta del Este Bay. Visit the rocky cliff of Punta Ballena and enjoy the best view of "Casapueblo". Stop any time to go paddle boarding or simply jump into the green sea for a swim. Includes: yacht, crew, English guide, stand up paddle board, picnic and transfers.

⌚ **USD 2200** up to 4 people, **USD 2625** up to 8 people.

⌚ **4 hrs.**



TOUR TO MACA & ATCHUGARRY FOUNDATION SCULPTURE PARK

Pablo Atchugarry founded the Atchugarry Foundation in 2007 with the intention of making art accessible to everyone. Known as one of Uruguay's most famous artists for his work with marble, Pablo has dedicated great efforts to promote Uruguay in the world of contemporary art. In January 2022, he inaugurated the MACA museum, an incredible structure, considered a work of art in itself, which houses permanent and temporary exhibitions. The tour includes a private visit to his personal studio and a guided tour of the premises with special access only accessible for art specialists .

Includes: Transport, specialized guide and privileged exclusive access.

💰 **USD 250** per person.

🕒 **3-4 hrs.**



VISIT TO GARZON, THE "URUGUAYAN TUSCANY"

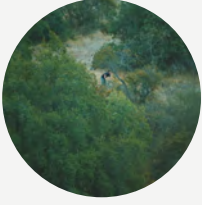
The tour begins with a visit to the sleepy town of Garzon, where we will stop at the main square, chapel and train station. Continue onto Garzon Winery for a visit with tasting and lunch included. Built atop a rocky outcrop, the winery offers amazing views of the vineyards perched on the hillside with mineral-intense, well-draining soils that create high-quality grapes.

Includes: Transfers to/ from Jose Ignacio, guide, tasting & lunch at winery.

💰 **USD 120** per person.

Upgrade to PREMIUM private visit & lunch available

🕒 **4-6 hrs.** (Approx. 12 kms).



BIKE TOUR GARZÓN

The guide will pick you up at the hotel and take you to the sleepy town of Garzón. You will start biking around the main square, chapel and train station before continuing to Garzón Winery. You will be amazed by the views of the vineyards located within rocky hillsides. Taste their amazing wines and have lunch there (not included) before the transfer takes you back to the hotel. Includes: Transfers, Guide, support vehicle, visit with tasting at winery, snacks, water, bikes with helmet and handle bag.

💰 **USD 580 per person.**

🕒 **4-6 hrs.** (The average distance ridden is 12 kms but this may be adapted to clients' skills and interests).



What to do in José Ignacio

SHACK YOGA & WELLNESS CENTER



YOGA CLASSES

GROUP CLASSES

Mats and props included. Please check schedule for class times

- Ⓢ Drop-in class - **USD 30**
- 3-class pack - **USD 70**
- 5-class pack - **USD 120**

PRIVATE CLASSES

- Ⓢ **USD 120**
USD 15 for each additional person.
-



TRAINING SESSIONS

PERSONAL TRAINING SESSION

- Ⓢ **USD 220**, includes full-body evaluation.
USD 15 for each additional person.

GROUP TRAINING SESSIONS

Please check class schedule with our Shack Yoga concierge.



What to do in José Ignacio

SHACK YOGA & WELLNESS CENTER

MASSAGES AND THERAPEUTIC TREATMENTS



DEEP TISSUE MASSAGE

Characterized by slower, deeper strokes as well as firm finger pressure, the focus of this session is to release tension and pain from the deepest layers of muscle tissue, tendons and fascia.

⌚ **USD 165**

🕒 **60 min** massage session.

⌚ **USD 220**

🕒 **90 min** massage session.



SWEDISH MASSAGE

Involves long, kneading strokes combined with rhythmic techniques to energize the body and improve overall circulation and balance.

⌚ **USD 165**

🕒 **60 min** massage session.

⌚ **USD 220**

🕒 **90 min** massage session.



LYMPHATIC DRAINAGE

This deeply restorative treatment diminishes swelling and stagnation in the body. The light, rhythmic technique works to stimulate the movement of lymph fluid from the cells back into the bloodstream boosting the immune system and detoxifying the whole body. Great after long flights!

Ⓢ **USD 165**

⌚ **60 min** massage session.

Ⓢ **USD 220**

⌚ **90 min** massage session.



THAI MASSAGE

Thai massage differs in many ways from traditional Western massage. Instead of a massage table you lie on a flat cushion on the floor wearing loose-fitting clothing, while the practitioner applies pressure with his/her hands, thumbs, elbows, knees and feet to increase flexibility through passive muscle stretches. Often coined "the lazy person's yoga" you are left feeling very relaxed and stretched out.

Ⓢ **USD 165**

⌚ **60 min** massage session.

Ⓢ **USD 220**

⌚ **90 min** massage session.



"KOBIDO" OR JAPANESE FACIAL MASSAGE

Kobido in Japanese translates as "the ancient way of beauty." This ancestral massage technique dating back to the 15th century in Japan focuses on a gentle stimulation of the muscles of the face restoring radiance and tonicity. This natural face lift combines lymphatic drainage with deeper targeted strokes to sculpt the face muscles and decongest the skin.

⌚ **USD 165**

⌚ **60 min** massage session.

⌚ **USD 220**

⌚ **90 min** massage session.



SHAMANIC ENERGY HEALING

Shamanic Healing is a treatment that works with the subtle energy field. It is a process of clearing or releasing the "remembered wounds" that are stored on a subconscious level and can affect our physical and emotional health. The practitioner senses where in the body someone is holding on to pain or resistance and works with gentle, manual techniques to release. Other elements such as plants, smoke, vocalization and breathwork are also used to clear stagnation.

⌚ **USD 165**

⌚ **60 min** massage session.

⌚ **USD 220**

⌚ **90 min** massage session.



What to do in José Ignacio

SHACK YOGA & WELLNESS CENTER



BODY SCRUB

This full-body exfoliation purifies the skin and increases circulation leaving you feeling energized and renewed. The treatment begins with 20 minutes in our infrared sauna followed by the skin scrub and finalizes with a soak in a hot mineral bath. Great to pair with a massage if you're looking for a complete luxury experience!

💰 **USD 165** per session.

🕒 **60 min**

💰 **USD 220** per session.

🕒 **90 min**



REST & RESTORE

Book our private room with infrared sauna, biomat and bathtub.

💰 **USD 65** for two people

🕒 **45 min**

💰 **USD 75** for two people

🕒 **60 min**

ESTANCIA VIK JOSÉ IGNACIO

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